



MAIS I. AL-NASA'H, Ph.D.

#129 School of Educational Sciences- Department of Counseling and Special Ed.
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Dr. Mais Imad Al-Deen Al-Nasa'h graduated from the CACREP accredited (Council for Accreditation of Counseling and Related Educational Programs) Counselor Education Doctoral Program housed in the Department of Counseling, Quantitative Methods, and Special Education at Southern Illinois University, Carbondale (SIU) May 2016.

Dr. Al-Nasa'h engaged in ongoing learning and development to meet and exceed the five CACREP accredited core areas of teaching, research, clinical supervision, clinical work (advanced individual, group, and career counseling), and professional service and advocacy.

Dr. Al-Nasa'h completed additional course work and clinical experiences for marriage, couple and family therapy, and clinical mental health counseling. In her clinical work, Dr. Al-Nasa'h joined the SIU Clinical Center where she completed slightly over 400 face-to-face, direct clients in individual counseling, group counseling, marriage, couple and family counseling, and crisis counseling. She received clinical supervision from faculty and clinical PhD level licensed personnel.

Dr. Al-Nasa'h is currently an Assistant Professor in the department of Counseling and special Education at The University of Jordan. Her research interest includes trauma, wellness, older adults, and family mental health. She has presented locally, and nationally and is published in indexed journals.

EDUCATIONAL BACKGROUND:

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| May 2016 | <i>Ph.D.</i> in Counselor Education & Supervision, (2016)
(Marriage, Couple and family Counseling track)
Advisor: Dr. Kimberly Asner-Self
Dissertation Topic: "BEREAVEMENT AND FACTORS OF ADJUSTMENT AMONG CHRISTIAN, JEWISH, AND MUSLIM BEREAVED PARENTS"
GPA: 4.00/4.00 (Excellent)
Southern Illinois University: Carbondale, Illinois. USA |
| June 2007 | <i>Master of Art</i> , (2007)
Program: Counseling and Special Education
Specialization: Educational and Psychological Counseling
GPA: 3.73/4.00 (Excellent)
The University of Jordan: Amman. |
| June 2005 | <i>Bachelor of Arts</i> (2005)
Major: counseling and Mental Health
GPA: 3.53/4.00 (Very good)
The University of Jordan: Amman |

PROFESSIONAL EXPERIENCE:

- Sep 2022- Present Assistant Dean for Alumni Affairs. School of Educational Sciences.
- Sep 2019- Sep2022 Assistant Dean for Students Affairs. School of Educational Sciences.
- Aug 2016- present Assistant Professor, University of Jordan – Counseling and Special Education Department (Amman, Jordan) Title: Assistant Professor
- ✓ Teaching counseling courses for undergraduates: (Appraisal in Counseling, Group Counseling, Communication skills, Mental health, Life skills, Rehabilitation counseling, School counseling, Pre- Practicum and Practicum in Counseling).
- Jan 2014- June 2015 *Graduate Assistant*, Clinical Center-Southern Illinois University: Carbondale, Illinois.
- ✓ Served SIUC's students and community in the surrounded area by providing individual counseling, couple and family counseling, group therapy and some social work services such as intakes interviews.
 - ✓ Served as crisis worker which includes interventions for crisis assessment and hospitalization, on-call suicidal intervention.
 - ✓ 2012 – 2014 *Graduate Teaching Assistant*, Counselor Education- Southern Illinois University: Carbondale, Illinois.
 - ✓ Developed and provided lectures and experiential activities Masters' students in classrooms.
 - ✓ Conducted small and large group activities.
 - ✓ Provided one-on-one feedback to students concerning counseling skill develop.
- Jan 2013- May 2016 Academic clinical Supervisor, Southern Illinois University: Carbondale, Illinois
- ✓ Provide a Supervision service for CACREP accredited Master's level individual practicum students from clinical & community mental health and couple, marriage & family tracks. Supervision.
 - ✓ promote and empower supervisees' competency of applying basic counseling skills, exploring and establishing their theoretical orientation, and ethical conduct of providing counseling service.
- Primary Instructor Spring 2013 & Fall 2013**
- ✓ EPSY412: Human Behavior & Mental health
 - ✓ Supervisor: Dr. Kimberly Asner-Self
 - ✓ Fall 2012: *Teaching Assistant and lab instructor.*
 - ✓ EPSY 493: Counseling Skill Development
 - ✓ Primary Instructor: Dr. Siti Kamasani

 - ✓ Spring 2013: *Teaching Assistant*
 - ✓ EPSY 543-3 Group Theory and Practice
 - ✓ Primary Instructor: Dr. Kimberly Asner-Self

 - ✓ Spring 2013: *Teaching Assistant, and supervisor.*
 - ✓ EPSY 548-A School Counseling Practicum
 - ✓ Primary Instructor: Dr. Dorea Glance

Co-instructor Spring 2016,

- ✓ COUN 493, Counseling Skill Development
- ✓ COUN 543 Group practicum
- ✓ Co-facilitated a 16-week, CACREP compliant Master's level course on group practicum. The content includes group leadership skills and major group theories and career theories in counseling to facilitate career decision making psychoeducational group targeting for undergraduate students. The course includes not only the lecture, but also triadic supervision, and group supervision.
- ✓ Facilitate 16- week undergraduate and graduate level course on counseling skills, through teaching the course, and supervising the students.

Research Assistant Spring 2015 & Summer 2015

- ✓ Primary Co-Researcher, Southern Illinois University –Carbondale. Served as the co-primary researcher working on a quantitative study investigating the Psychometric Properties of the Arabic PANAS, SWLS, and RSES.
- ✓ DATA collection, Translation-Back-Translation.
- ✓ Fall 2009- Spring 2012. Full time teaching assistant at the University of Jordan. (Department of Counseling and Special Education).
- ✓ Teaching counseling courses for undergraduates: (Counseling Theories, Group Counseling, Communication skills, Career Counseling, Family Counseling, Basics of Mental Health, Introduction to Psychological & Educational Counseling, and Psychological stressors).
- ✓ Psychological & Educational schools Counselor. Al-EtiHAD secondary School. Amman. 8/2006-8/2009.
- ✓ 9/2005-7/2006 Practicum supervisor's assistant – Counseling program. The University of Jordan.

PROFESSIONAL PUBLICATION & PRESENTATIONS:

- ✓ **Al-Nasa'h, M.**, Asner- Self, K., Al-Omari, H., Qashmer, A., & Al-Khawaldeh, M., (2023). Psychometric properties of the Arabic version of the Post-Traumatic Growth Inventory with University Students in Jordan." *Heliyon*, (Forthcoming article).
- ✓ Al-Salem, G., **Al-Nasa'h, M.**, Qashmer, A., Al-Hwayan, O., Al-Ali (2023). Who Are the Biggest Losers in the COVID-19 Pandemic? The Impacts of COVID-19 and Coping Strategies among Working Mothers. *Dirasat: Educational Sciences*, 50(1).
- ✓ **Al-Nasa'h, M.**, Learning the Art of Helping. Blocks & Techniques (2022). A translated book (from English to Arabic). Dar AlFiker Publishers & Distributors.
- ✓ **Al-Nasa'h, M.** (2022). A spiritual-based intervention in enhancing factors of well-being among older adults in home-based care. *Journal of Religion, Spirituality & Aging*, 34(1), 39-60.

- ✓ **Al-Nasa'h, M.**, Awwad, F. M. A., & Ahmad, I. (2021). Estimating students' online learning satisfaction during COVID-19: A discriminant analysis. *Heliyon*, 7(12), e08544.
- ✓ Al-Tarawneh, L., **Al-Nasa'h, M.**, & Abu Awwad, F. (2021). The Effect of the COVID-19 Pandemic among Undergraduate Engineering Students in Jordanian Universities: Factors Impact Students' Learning Satisfaction. In *Proceedings of the 2021 Innovation and New Trends in Engineering, Science and Technology Education Conference* (pp. 11-17).
- ✓ **Al-Nasa'h, M.**, Asner-Self, K. (2019). Death and Factors of Adjustment Among Bereaved Parents. In: Mateev, M., Poutziouris, P. (eds) *Creative Business and Social Innovations for a Sustainable Future. Advances in Science, Technology & Innovation*. Springer, Cham. https://doi.org/10.1007/978-3-030-01662-3_11
- ✓ **Al-Nasah, M.** (2015). Understanding the Relationship between Bereavement and some Cultural Factors: A proposed study. Accepted to be presented at *Association for Counselor Educator and Supervision conference in Philadelphia-PA*.
- ✓ Asner-Self, K. & **Al-Nasa'h, M.** (2015). Culturally relevant research: Jordanian college students' subjective well-being. Presentation at the Association for Counselor Educator and Supervision conference in Philadelphia- PA.
- ✓ **Al-Nasah, M.** (2015). A Qualitative Analysis of Married Muslim Bereaved Parents' Experiences after a Child Loss. Presentation at Association for Spiritual, Ethical and Religious Values in counseling conference in New York City- NY.
- ✓ **Al-Nasah, M.** (2015). Patterns of religious coping among Muslim bereaved parents: A qualitative study. Presentation at the annual Illinois Counseling Association Southern Region Conference, in Collinsville, IL.
- ✓ **Al-Nasah, M.** (2015). An Investigation of the lived experience of married Muslim bereaved parents after a child loss. Presentation at the annual Illinois Counseling Association Southern Region Conference, in Collinsville, IL.
- ✓ Asner-Self, K. & **Al-Nasa'h, M.** (2014). *Psychometric Properties of the Arabic PANAS, SWLS, and RSES*. Presentation at the North Central Association for Counselor Education and Supervision bi-annual conference in St. Louis, MO.
- ✓ Asner- Self, K, Moore, M., & **Al-Nasah, M.** (2014). Developing Counselor Educators-in-Training's Group Training Skills! Presentation at The Association for Specialists in Group Work in Orlando- FL.
- ✓ **Al-Nasa'h, M.** & Moore, M. (2014). Say That Again: Language Barriers in the Supervision Relationship from Two Multi-Cultural Clinical Supervisors. Presentation at The American Counseling Association Annual Conference in Honolulu- HI.

MASTER THESIS SUPERVISION:

- ✓ The effectiveness of a counseling program based on Gestalt theory in reducing alexithymia and improving the level of mental health in a sample of working mothers of adolescents in Amman.
- ✓ Fear of missing out (FOMO) on social media platforms and its relationship to Self-Esteem among a selected sample of Basic stage students in private schools in Jordan.

PROFESSIONAL MEMBERSHIPS:

- ✓ Jordanian Psychological Association, member since 2016.
- ✓ American Counseling Association, *member since 2012.*
- ✓ North Central Association for Counselor Education and Supervision, *student member 2012-2016.*
- ✓ *Association for Counselor Educator and Supervision, member since 2012.*
- ✓ *Illinois Counseling Association, Member since 2014.*
- ✓ Association for Spiritual, Ethical and Religious Values in counseling, *Member since 2014.*
- ✓ *Member in the honor society of Phi Kappa Phi (The nation's oldest and most selective collegiate honor society for all academic disciplines) member 2013-2014.*

ACTIVITIES:

- ✓ Member of the Technical Committee to supervise the Counseling at the University of Jordan School 2021-present.
- ✓ Participation as a member of the evaluation committee of the Master thesis defense: Psychological Flow and its Relationship to Academic Achievement and Self-efficacy among Graduate Students at University of Jordan.
- ✓ Conducting many interviews on the University of Jordan radio to talk about activities of the school of educational sciences 2021/2022.
- ✓ Member of Professional Diploma for Teacher Preparation and Qualification Program Accreditation Committee from the American CAPE Foundation
- ✓ Member of the Committee Student's Issues. 2019-2023
- ✓ Member of the Academy Programs Development Committee 2022/2023
- ✓ Member of the International Accreditation Committee for the Bachelor of Counseling Program.
- ✓ Rapporteur of the Committee for the Review of the practicum in counseling Policy Document 2023.
- ✓ Member of the Committee to develop a policy document practicum and its procedures for the psychological and educational counseling.
- ✓ Member of the Committee for the reception of freshmen 2022/2023.
- ✓ Member of the Scientific Program Committee – School of Educational Sciences. 2021/2022
- ✓ Member of the sub-group of enrollment and national campaigns for Professional Diploma for Teacher Preparation and Qualification. University of Jordan, IREX, USIAD. 2021/2022.
- ✓ Member of the Public Safety and Environment Committee 2019/2020
- ✓ Participated in Chi Sigma Iota PDS Series' presentation- Delta Chapter, Southern Illinois University.
- ✓ Counseling Practice: Professional Identity, Leadership, and Advocacy- Spetember-20th-2012.
- ✓ Intervention and Theory from a Multicultural Perspective. September-28th-2012
- ✓ Relaxing your fears Systematic desensitization and behavioral therapy. April-1st-2013.

OUTSTANDING CERTIFICATES:

- ✓ *Unique counselor, Private schools Department-Jordanian Ministry of Education 2009.
- ✓ *University of Jordan Honor Certificate for social service & Voluntary working 2005.
- ✓ *Jordanian Center for Civic Education Studies Certificate (Outstanding Trainer) 2004.
- ✓ *Thankful Certificate from Lou'lat Tareq Schools Academy /Jordanian Ministry of Education 2005.

Awards:

- ✓ Dissertation Research Award - Southern Illinois University. 2015/2016
- ✓ Scholarship for a Ph.D. in Educational Counseling, University of Jordan: Amman-Jordan (2012 – 2016).

WORKSHOPS & TRAINING COURSES (as participant):

- ✓ **Youths, Democracy & Society.** CDFG 28/29-JUNE/2004.
- ✓ **Youths Information.** AWMC 20 Hours.
- ✓ **Environmental Information** NLCET 5- 6/SEP/2004.
- ✓ **Sign Language** (beginners 1). J.U-CSO 50 Hours.
- ✓ **Sign Language** (beginners 2). J.U-SD 30 Hours.
- ✓ **Social Type" Gender".** UNFPA 30 Hours.
- ✓ **Human Rights.** NCHR 28/Mar-20/apr-2004.
- ✓ **Life Skills & Problems Solving (2)** J.U-CSO 1-14/AUG/2004.
- ✓ **Life Skills & Problems Solving (1)** CSYC 12-14/JUL/2004.
- ✓ **Business Ethics. Injaz** (Achievement), 2004.
- ✓ **Successful Skills.** Injaz (Achievement), 2004.
- ✓ **How to be Leader?** Injaz (Achievement), 2004.
- ✓ **NLP- Personal Development.** JU 10 Hours
- ✓ **Youth Leadership for Economic....** UNU-ILI OCT-DEC-2004.
- ✓ **Health Life Style.** UNPF-JU 30 Hours.
- ✓ **Diabetes Disease -** CSO 30 Hours.
- ✓ **Initial Succor.** CSO 30 Hours.
- ✓ **Civic Education.** JCCES 25 Hours.
- ✓ **Training Trainee (Project Citizen).** JCCES 30 Hours.
- ✓ **Self Confidence.** CSYC 13/15/Feb/2005.
- ✓ **Domestic Violence.** CSO-JU 10 Hours.
- ✓ **Early Childhood.** UNICEF 13/18/JUL/2004.
- ✓ **Outstanding in Teaching Techniques.** CSO-JU 10 Hours.
- ✓ **Training peer HIV IMPACT.** 10 Hours.
- ✓ **Coping with Drugs Addictions-** P.S 20 Hours.
- ✓ **Portage (special education).** CSO MAY-2005.
- ✓ **Project Management Injaz** (Achievement), 2004.
- ✓ **Civic Defense skills-2** -20 Hours.
- ✓ **Stress Counselor Training-IFRC** (30-Oct, 4-Nov, 2010) 54 hours.
- ✓ **Certificate of Continuing Education" ACA 2014 Conference & Expo Education Sessions".** March-30-2014. American Counseling Association. 6.5 Hours.
- ✓ **Certificate of Continuing Education in recognition of attendance at the North Central Association for counselor Education and Supervision Conference.** 16-15/October-2014.
- ✓ **Helping at- Risk youth: Understanding of community-based recourses.** 9 June-2014) 3 training hours.
- ✓ **Staff Development Workshop-** Accreditation & Quality Assurance Center (JU) 23-25/Jan/2017. 18 Hours.

- ✓ **" Open Educational Recourses"** - Accreditation & Quality Assurance Center (JU) 22-23/Feb/2017. 14 Hours.
- ✓ **"Performance based assessment"** (Authentic Assessment). Accreditation & Quality Assurance Center (JU) 9/March/2017. 2 Hours.
- ✓ Certificate of Continuing Education **"Unique Ethical Challenges Facing New Faculty"**. American Counseling Association (Online Learning session) 12/March/2017. 1 Hour.
- ✓ **Statistical Basic Analysis using (SPSS)**. Accreditation & Quality Assurance Center (JU) 21& 26March/2017. 5 Hours.
- ✓ **Development & Analysis of tests using SPSS software**. Accreditation & Quality Assurance Center (JU) 26/March/2017. 2 Hours.
- ✓ Certificate of Continuing Education **"Developmental Approaches in Treating Addiction, second edition"** American Counseling Association (Online Learning session) 13/April/2017. 1 Hour.
- ✓ **"Develop the Capabilities of the trainees in evaluating the performance of students using Portfolio"**. Accreditation & Quality Assurance Center (JU) 16/April/2017. 2 Hours.
- ✓ **Web Science & Endnote training workshop**. Feb/2018. Thomson Reuters. University of Jordan.
- ✓ **Portfolio based Students Assessment**. Accreditation & Quality Assurance Center (JU) 16/April/2017. 2 Hours.
- ✓ **Designing Effective Power Point Presentation**. Accreditation & Quality Assurance Center (JU) 18/Feb/2018. 2 Hours.
- ✓ **Computerized Test/ Training**. Accreditation & Quality Assurance Center (JU) 3/Oct/2017. 2 Hours.
- ✓ **Smart scientific research with big data science techniques**. Accreditation & Quality Assurance Center (JU) 8/March/2018. 1.5 Hours.
- ✓ **Blended Learning** Accreditation & Quality Assurance Center (JU) 19/March/2018. 3 Hours.
- ✓ **Writing research papers using LATEX**. Accreditation & Quality Assurance Center (JU) 26/March/2018. 3 Hours.
- ✓ **Developing & Editing Educational Content using CAMTASIA STUDIO 9**. Accreditation & Quality Assurance Center (JU) 5/April/2018. 3 Hours.
- ✓ **Advanced Microsoft EXCEL**. Accreditation & Quality Assurance Center (JU) 22/Oct/2018. 2 Hours.
- ✓ **Making Diagrams & Flowchart Drawing using MICROSOFT VISIO**. Accreditation & Quality Assurance Center (JU) 27/June/2018. 3 Hours.
- ✓ **Teaching Case Study**. Accreditation & Quality Assurance Center (JU) 14/March/2019. 3 Hours.
- ✓ **Principles of ISEO 2015:9001**. Accreditation & Quality Assurance Center (JU) 23/oct/2019. 4 Hours.
- ✓ **Administration & Leadership Skills**. Accreditation & Quality Assurance Center (JU) 28/March/2019. 3 Hours.

- ✓ Certificate of Continuing Education "**Developing Competence in Working with LGBTQI+ Communities: Awareness, Knowledge, Skills, and Action**". American Counseling Association. Mar, 1, 2019.
- ✓ Certificate of Continuing Education, **Private practice Owners' Guide to Business Protocol and human resources practices**. American Counseling Association. Jan, 13, 2019.
- ✓ Certificate of Continuing Education, "**Dirt Road Counseling: Evidence based intervention for rural mental health-delivery**". American Counseling Association. Dec, 26, 2018.
- ✓ Certificate of Continuing Education, "**Animal Assisted therapy in counseling: Therapeutic horticulture and wilderness nature therapy**". American Counseling Association. Nov, 6, 2018.
- ✓ Certificate of Continuing Education, "**Irvin Yalom and the Art of Psychotherapy**" American Counseling Association. Oct, 2, 2018.
- ✓ Certificate of Continuing Education, "**A counselor's guide to Medication Assisted treatment for Opioid Addiction.**" American Counseling Association. Sep, 3, 2018.
- ✓ Certificate of Continuing Education, "**Music and counseling**". American Counseling Association. Jul, 15, 2018.
- ✓ Certificate of Continuing Education "**Creative approaches in Counseling and psychotherapy**". American Counseling Association. Jun, 3, 2018.
- ✓ Certificate of Continuing Education. "**Multicultural Career Counseling: Limitation of Traditional career theory and scope of training and using Genogram for career assessment and intervention with an economically disadvantaged client**". American Counseling Association. May, 2, 2018.
- ✓ Certificate of Continuing Education "**Private Practice: Managing Your Business**". American Counseling Association (Online Learning session). 24/Apr/2018. 1 Hour
- ✓ Certificate of Continuing Education, "**What do we know, or think we know, about how counseling works and what counselors believe matters most - and why their clients Disagree?**" American Counseling Association (Online Learning session). 11/Mar/2018.1 Hour.
- ✓ Certificate of Continuing Education "**Extending Boundaries**". American Counseling Association (Online Learning session). 4/Feb/2018. 1 Hour.
- ✓ Certificate of Continuing Education "**LGBTQ College and Career Readiness Case Studies**". American Counseling Association (Online Learning session). 4/Feb/2018. 1 Hour.
- ✓ Certificate of Continuing Education "**Counselor Learning Considerations When Working with Older People**". American Counseling Association (Online session) 23/Jan/2018.1 Hour.
- ✓ Certificate of Continuing Education, "**Play and Humor in Counseling, fifth edition**" American Counseling Association (Online Learning session). 17/Nov/2017. 1 Hour
- ✓ Certificate of Continuing Education, "**Transgender & Gender-Expansive Counseling Issues**", American Counseling Association (Online Learning session). 23/Nov/2017. 1 Hour.
- ✓ Certificate of Continuing Education, "**Preparing for Conversations with LGBTQ Youth**", American Counseling Association (Online Learning session). 6/Sep, 2017. 1 Hour.

- ✓ Certificate of Continuing Education "**Supervision Ethics**". **American Counseling Association** (Online Learning session) 13/Aug/2017. 1 Hour.
- ✓ Certificate of Continuing Education "**LGBTQ Youth & Young Adults in School, College, Careers**". American Counseling Association (Online Learning wild session). 13/Aug/2017. 1 Hour.
- ✓ Certificate of Continuing Education "**Multiculturalism and Social Justice**". American Counseling Association (Online Learning session) 11/ Jul/2017. 1 Hour.
- ✓ Certificate of Continuing Education." **Introductory Competencies for LGBTQ Affirmative Counseling**". American Counseling Association (Online Learning session) 6/ Jul/2017.1 Hour.
- ✓ Certificate of Continuing Education "**Unique Ethical Challenges Facing New Faculty**". American Counseling Association (Online Learning session) 12/March/2017. 1 Hour.
- ✓ Citizenship and Nonviolent Education in Jordan. Berghof Foundation Operation. Qualification Training. 8 hours. 15/June/2019Amman- LARSA HOTEL.
- ✓ **Professional Diploma in Family reconciliation and counseling**. Oct-Jan, 2017. Jadara University Department of the Chief Justice. 100 hours.
- ✓ **Training course within the Young Leaders Program in education**. 15/1-1/2-2020 .Okinawa-Japan
- ✓ **How to choose suitable scientific Journal**. Deanship of Scientific Research. University of Jordan 18. May/2022. 2 hours.

References:

Kim Asner Self. (Professor), Southern Illinois University -Carbondale
Email; kasner@siu.edu

Dona Reese. (Professor), Southern Illinois University - Carbondale
Email;dona.reese@gmail.com